## Lamb Questions and Answers

#### 1. How many times can we celebrate this sacrament?

As many times as we would like. The church asks that we celebrate this sacrament at least 2 times a year (Advent, and Lent)

#### 2. Say an act of Sorrow?

#### **Act of Contrition**

or

My God,

I am sorry for my sins with all my heart.

In choosing to do wrong

and failing to do good,

I have sinned against you

whom I should love above all things.

I firmly intend, with your help,

to do penance,

to sin no more,

and to avoid whatever leads me to sin.

Our Savior Jesus Christ

suffered and died for us.

In his name, my God, have mercy.

#### 3. Who forgives my sins?

God does

## Act of Contrition My God Lam sorry

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin.

## 4. How do we show we are sorry for our sins after we go to confession?

We show we are sorry by doing penance and to try and not sin again.

## 5. What are the two great laws of love that Jesus gave us?

The Great Commandment, Love one another, as I have loved you, and the Ten Commandments.

# 6. What is the most important part of getting ready for the sacrament of Reconciliation? We do a examination of conscience.

## 7. What are the "directions" God gave us to help us to follow Him?

The Ten Commandments

#### 8. Are mistakes and accidents sins?

No. A sin is when you choose to do wrong.

#### 9. What is the sacrament of Reconciliation?

When we turn to God and ask for forgiveness.

#### 10. What is a sin?

When we consciously choose to do wrong.